

# Spot On

kitchen & bar



2 RICHARD WAY SW | CALGARY, AB | (403) 240-3619

*Just a few minutes drive from the arena!*

Proudly



Supporting

# ROYALS U16AA



NAME	NO.	POSITION	HEIGHT	WEIGHT	D.O.B. (D-M-Y)	LAST YEAR'S TEAM
Benjamin Baldwin	2	Defense	5'6"	110	06-02-05	Southwest Cougars Bantam 2
Luke Blewett	4	Forward	5'1"	110	05-01-05	CRAA Bantam AA Gold
Logan Bright	5	Defence	5'10"	136	04-04-05	Trails West Wolves Bantam 1
Mikhail Budra	22	Forward	5'10"	145	03-14-05	Trails West Wolves Bantam 1
Cameron Davies	6	Defence	5'10"	155	11-04-05	Southwest Cougars Bantam 1
Zyne Hussein	8	Forward	5'11"	223	12-29-05	Trails West Wolves Bantam 1
Liam Kawka	31	Goalie	5'10"	134	04-17-05	Trails West Wolves Bantam 1
Beckham Keon	19	Forward	6'0"	135	03-09-05	CRAA Bantam AA Gold
Isaac Matthews	23	Forward	6'2"	155	01-08-05	Glenlake Hawks Bantam 1
Fraser Muir	15	Forward	5'7"	135	06-07-05	Southwest Cougars Bantam 1
Liam O'Brien	10	Defence	5'8"	160	07-16-05	CRAA Bantam AA Blue
Emory Petryk	16	Forward	5'6"	130	09-27-05	Southwest Cougars Bantam 1
Hayden Redmond	3	Defense	5'10"	138	09-10-05	Trails West Wolves Bantam 1
Lachlan Rose	12	Forward	5'8"	133	05-04-05	Trails West Wolves Bantam 2 Red
Travis Shoosmith	21	Defense	5'10"	180	02-22-05	Southwest Cougars Bantam 1
Tason Swampy	18	Forward	5'7"	130	04-09-05	CRAA Bantam AA White
Christopher Ugbaja	9	Forward	5'9"	140	12-16-05	CRAA Bantam AA Blue
Grayson Wyllie	11	Forward	5'11"	150	09-02-05	Southwest Cougars Bantam 1
Elliot Zan	1	Goalie	6'2"	150	08-07-05	CRAA Bantam AA Gold

Coach.....Erik Tuff  
 Asst. Coach.....Sidney Cruz

Asst. Coach.....Michael Vaughan  
 Manager.....Justin Connelly

Asst. Coach.....Ross Mceachern  
 Coordinator.....Juanita Renwick

# ROYALS U16AA



Benjamin Baldwin



Luke Blewett



Logan Bright



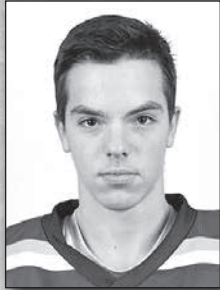
Mikhail Budra



Cameron Davies



Zyne Hussein



Liam Kawka



Beckham Keon



Isaac Matthews



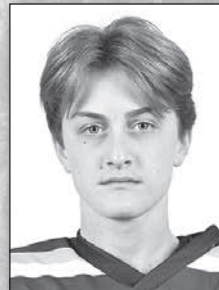
Fraser Muir



Liam O'Brien



Emory Petryk



Hayden Redmond



Lachlan Rose



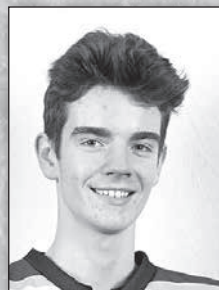
Travis Shoesmith



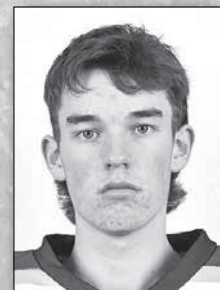
Tason Swampy



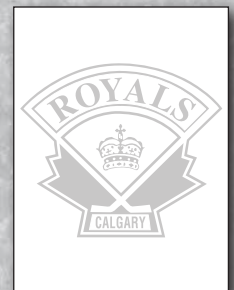
Christopher Ugbaja



Grayson Wyllie



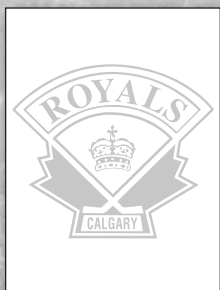
Elliot Zan



Juanita Renwick  
Coordinator



Erik Tuff  
Coach



Michael Vaughan  
Asst. Coach



Ross Meachern  
Asst. Coach

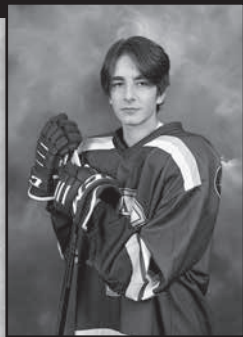


Sidney Cruz  
Asst. Coach



Justin Connelly  
Manager

### Benjamin Baldwin



**Nickname:** Benny  
**Last Year's Team:** Southwest Cougars Bantam 2  
**Position:** Defense      **Shoots:** Left  
**Height:** 5'6"      **Weight:** 110  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Cale Makar  
**Favourite Team:** Calgary Flames  
**School:** Calgary Academy      **Grade:** 10  
**Favourite Food:** Lasagna  
**Favourite Song or Artist:** Taylor Swift

### Luke Blewett



**Nickname:** Blewett  
**Last Year's Team:** CRAA Bantam AA Gold  
**Position:** Forward      **Shoots:** Left  
**Height:** 5'1"      **Weight:** 110  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Connor McDavid  
**Favourite Team:** Edmonton Oilers  
**School:** Ernest Manning High School      **Grade:** 10  
**Favourite Food:** Steak  
**Favourite Song or Artist:** N/A

### Logan Bright



**Nickname:** Brighter  
**Last Year's Team:** Trails West Wolves Bantam 1  
**Position:** Defence      **Shoots:** Right  
**Height:** 5'10"      **Weight:** 136  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Carey Price  
**Favourite Team:** Montreal Canadiens  
**School:** Ernest Manning High School      **Grade:** 10  
**Favourite Food:** Eggs and Toast  
**Favourite Song or Artist:** Come on Eileen

### Mikhail Budra



**Nickname:** Budra  
**Last Year's Team:** Trails West Wolves Bantam 1  
**Position:** Forward      **Shoots:** Left  
**Height:** 5'10"      **Weight:** 145  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Wayne Gretzky  
**Favourite Team:** Edmonton Oilers  
**School:** Bishop Carroll High School      **Grade:** 10  
**Favourite Food:** Butter Chicken  
**Favourite Song or Artist:** Die Young by Keisha

### Cameron Davies



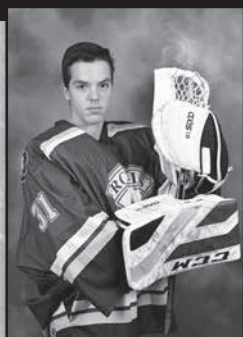
**Nickname:** yyc transit cam  
**Last Year's Team:** Southwest Cougars Bantam 1  
**Position:** Defence      **Shoots:** Left  
**Height:** 5'10"      **Weight:** 155  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Elliot Zan  
**Favourite Team:** Junior B Royals Blue  
**School:** Rundle Academy      **Grade:** 9  
**Favourite Food:** Poutine  
**Favourite Song or Artist:** Baby Got Back by Sir Mix-a-Lot

### Zyne Hussein



**Nickname:** Z  
**Last Year's Team:** Trails West Wolves Bantam 1  
**Position:** Forward      **Shoots:** Right  
**Height:** 5'11"      **Weight:** 223  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Sidney Crosby  
**Favourite Team:** Calgary Flames  
**School:** Ernest Manning High School      **Grade:** 10  
**Favourite Food:** Steak  
**Favourite Song or Artist:** Love Sosa

### Liam Kawka



**Nickname:** Kawks  
**Last Year's Team:** Trails West Wolves Bantam 1  
**Position:** Goalie      **Shoots:** Left  
**Height:** 5'10"      **Weight:** 134  
**Birth Year:** 2005      **City Born:** Miami, Florida  
**Favourite Player:** Roberto Luongo  
**Favourite Team:** Florida Panthers  
**School:** Rundle College      **Grade:** 10  
**Favourite Food:** Tacos  
**Favourite Song or Artist:** U of F (Gators)

### Beckham Keon



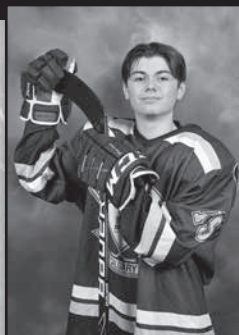
**Nickname:** Becks  
**Last Year's Team:** CRAA Bantam AA Gold  
**Position:** Forward      **Shoots:** Right  
**Height:** 6'0"      **Weight:** 135  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Matthew Tkachuk  
**Favourite Team:** Calgary Flames  
**School:** Central Memorial High School      **Grade:** 10  
**Favourite Food:** Dry noodles  
**Favourite Song or Artist:** Happy Birthday

### Isaac Matthews



**Nickname:** Matthews  
**Last Year's Team:** Glenlake Hawks Bantam 1  
**Position:** Forward      **Shoots:** Right  
**Height:** 6'2"      **Weight:** 155  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Ethan Matthews  
**Favourite Team:** Drayton Valley Thunder  
**School:** Central Memorial High School      **Grade:** 10  
**Favourite Food:** Chicken Parmesan  
**Favourite Song or Artist:** Lil Yachty

### Fraser Muir



**Nickname:** Fray  
**Last Year's Team:** Southwest Cougars Bantam 1  
**Position:** Forward      **Shoots:** Left  
**Height:** 5'7"      **Weight:** 135  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Connor McDavid  
**Favourite Team:** Montreal Canadiens  
**School:** Henry Wise Wood High School      **Grade:** 10  
**Favourite Food:** Steak  
**Favourite Song or Artist:** N/A

## Liam O'Brien



**Nickname:** OB  
**Last Year's Team:** CRAA Bantam AA Blue  
**Position:** Defence      **Shoots:** Left  
**Height:** 5'8"      **Weight:** 160  
**Birth Year:** 2005      **City Born:** Ann Arbor Michigan  
**Favourite Player:** Ian Cole  
**Favourite Team:** Colorado Avalanche  
**School:** Bishop Carol High School    **Grade:** 10  
**Favourite Food:** Hamburger  
**Favourite Song or Artist:** Wagon Wheel

## Emory Petryk



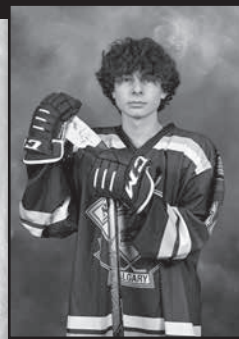
**Nickname:** EM  
**Last Year's Team:** Southwest Cougars Bantam 1  
**Position:** Forward      **Shoots:** Left  
**Height:** 5'6"      **Weight:** 130  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Nathan MacKinnon  
**Favourite Team:** Los Angeles Kings  
**School:** Strathcona Tweedsmuir    **Grade:** 10  
**Favourite Food:** Sushi  
**Favourite Song or Artist:** Lil Tjay

## Hayden Redmond



**Nickname:** Red  
**Last Year's Team:** Trails West Wolves Bantam 1  
**Position:** Defense      **Shoots:** Left  
**Height:** 5'10"      **Weight:** 138  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** P. K. Subban  
**Favourite Team:** Calgary Flames  
**School:** Central Memorial High School    **Grade:** 10  
**Favourite Food:** Pasta  
**Favourite Song or Artist:** Taylor Swift

## Lachlan Rose



**Nickname:** Rosie  
**Last Year's Team:** Trails West Wolves Bantam 2 Red  
**Position:** Forward      **Shoots:** Right  
**Height:** 5'8"      **Weight:** 133  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Patrick Kane  
**Favourite Team:** Montreal Canadiens  
**School:** Western Canada High School    **Grade:** 10  
**Favourite Food:** Pizza  
**Favourite Song or Artist:** Trippie Redd

## Travis Shoemith



**Nickname:** Trav  
**Last Year's Team:** Southwest Cougars Bantam 1  
**Position:** Defense      **Shoots:** Right  
**Height:** 5'10"      **Weight:** 180  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Mitch Marner  
**Favourite Team:** Toronto Maple Leafs  
**School:** Central Memorial High School    **Grade:** 10  
**Favourite Food:** Burgers  
**Favourite Song or Artist:** Why Don't We

## Tason Swampy



**Nickname:** Swampy  
**Last Year's Team:** CRAA Bantam AA White  
**Position:** Forward      **Shoots:** Left  
**Height:** 5'7"      **Weight:** 130  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Connor McDavid  
**Favourite Team:** Edmonton Oilers  
**School:** Bishop O'Byrne High School    **Grade:** 10  
**Favourite Food:** Pancakes  
**Favourite Song or Artist:** Everyday bro

## Christopher Ugbaja



**Nickname:** Chris  
**Last Year's Team:** CRAA Bantam AA Blue  
**Position:** Forward      **Shoots:** Left  
**Height:** 5'9"      **Weight:** 140  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Patrick Kane  
**Favourite Team:** Calgary Flames  
**School:** All Saints High School    **Grade:** 10  
**Favourite Food:** Shepherd's Pie  
**Favourite Song or Artist:** Life is a highway

## Grayson Wyllie



**Nickname:** N/A  
**Last Year's Team:** Southwest Cougars Bantam 1  
**Position:** Forward      **Shoots:** Left  
**Height:** 5'11"      **Weight:** 150  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Dylan Holloway  
**Favourite Team:** Edmonton Oilers  
**School:** Dr. EP Scarlett High School    **Grade:** 10  
**Favourite Food:** Chicken & Rice  
**Favourite Song or Artist:** Ian Dior

## Elliot Zan



**Nickname:** Smelliot  
**Last Year's Team:** CRAA Bantam AA Gold  
**Position:** Goalie      **Shoots:** Left  
**Height:** 6'2"      **Weight:** 150  
**Birth Year:** 2005      **City Born:** Calgary  
**Favourite Player:** Kade Cochlan  
**Favourite Team:** Calgary Flames  
**School:** Bishop Grandin High School    **Grade:** 10  
**Favourite Food:** Toaster waffles  
**Favourite Song or Artist:** Blue



**G.O.**

**LANDSCAPING MAINTENANCE SERVICES**

**COMMERCIAL PROPERTY  
SPECIALIST**

**Gord Orr**

Owner/Operator

**Phone: 403-831-2300**

**Email: [gordorr55@gmail.com](mailto:gordorr55@gmail.com)**

**Website: [www.golandscapes.ca](http://www.golandscapes.ca)**



CONTACT US



WWW.CSICALGARY.CA



Let us be part of your journey to health, to sport, to performance.



### Pre-Season Fitness and Physiological Assessment

Our testing helps teams establish yearly performance benchmarks and supports the development of training programs



### Injury Prevention & Management

We specialize in lower body injuries and concussions (in partnership with the Benson Concussion Institute)



### Team Building: Wellness & Performance

Learn as a team through in-person or virtual team building sessions on areas such as mental performance & nutrition

## Trusted by the Calgary Flames

"The Canadian Sport Institute Calgary is truly state of the art. It is a place an athlete can go to meet all of their physical preparation needs, including performance testing/monitoring, physical fitness, recovery, nutrition, and rehabilitation. We are fortunate to have this world-leading institute right in our backyard" – Ryan Van Asten, Strength and Conditioning Coach for the Calgary Flames

We are located at WinSport

# CONGRATULATIONS ISAAC MATTHEWS #23 - U16 AA



**WISHING THE CRAA U16 AA TEAM A FUN AND MEMORABLE YEAR!**

*"SOME DREAM OF SUCCESS...*

*WHILE OTHERS WAKE UP EVERY DAY AND WORK HARD AT IT".*



# At Blue Grass, we're down to earth ...



Nurseries • Sod Farms • Garden Centres  
 Trees • Shrubs • Perennials • Annuals • Soils • Mulches  
 Gravels • Decorative Rock • Sand • Flagstone • Boulders  
 Delivery Services • Tree Planting Services • Firewood  
 Rainbow Play Systems • **Expert Advice and more!**

[www.bluegrassnursery.com](http://www.bluegrassnursery.com) :: 403.226.0468 :: South of CrossIron Mills in Balzac

**Open Year Round!**



: Join our community



### Efficient and Effective solutions to Settled Concrete Structures and Unstable Weak Soils Conditions

#### Slab Lifting & Soil Stabilization

- Slab-on-grade foundations & rafted foundations
- Swimming pool decks
- Garage pads
- Driveways
- Basement floors
- Walks, patios and steps
- Non-structural slab-on-grade concrete structure

#### Void-filling

- Voids beneath walks, patios, driveways, pool decks, and garage pads
- Critter control
- Rocking precast steps
- Hollow core block wall to strengthen against seismic activity



[www.Poly-Mor.ca](http://www.Poly-Mor.ca)

CALL FOR A FREE ESTIMATE  
 1-866-887-3835

Harnessing the Power of Polymers

**A Revolutionary Lifting and Stabilizing Technology!**

# PILOT GROUP INC.

 BUILDING ENVELOPE SOLUTIONS



Providing building envelope solutions  
for the ICI market.

*Serving Alberta, Saskatchewan, Manitoba and the Northwest Territories*

WWW.PILOTGROUP.CA | @PILOTGROUPINC | LARRY@PILOTGROUP.CA | 403-560-2107

## WILLIAM BLAKE HOMES MASTER BUILDER

### CUSTOM HOMES & RENOVATIONS

FROM CUSTOM BUILT HOMES TO CUSTOM RENOVATIONS  
WILLIAM BLAKE HOMES WILL MAKE YOUR DREAM HOME A REALITY

[www.williamblakehomes.com](http://www.williamblakehomes.com)  
<https://www.instagram.com/williamblakehomesyyc/>  
403.452.3989





**SUITES FOR LEASE!**  
**CALGARY & HIGH RIVER**  
**1, 2 & 3 BEDROOMS AVAILABLE**

**(587)998-7561**

**[anovotny@petwin.com](mailto:anovotny@petwin.com)**



Proudly supporting Emory Petryk and all the bro's on Royals U16 AA



**Congratulations  
Lachlan #12!**



**Good Luck  
Royals U16 AA**

## WANT TO SAVE MONEY?



WESTERN  
ULTRASONICS CALGARY  
INC.



Cost Effective  
Ultrasonic-assisted Dry  
Cleaning Solutions

## ***Reduce, Reuse, Recycle and Save Money!***

The team at Western Ultrasonics Calgary Inc. boasts over 30 years of expertise offering various ultrasonic dry cleaning techniques, solutions and services covering a variety of industries including:

- **Agriculture**
- **Automotive**
- **Aeronautical equipment**
- **Mining/Aggregate**
- **Petroleum and Chemicals**
- **Environmental**
- **Retail and Consumer**
- **Government and Public**
- **Strategy Consulting and Research**

**We offer quick turnaround  
and competitive pricing.**



**CONTACT US**

Phone (Toll Free): (866) 651-4479

Email: [jvanwert@telus.net](mailto:jvanwert@telus.net)

Web: [www.westernultrasonics.ca](http://www.westernultrasonics.ca)

Shop location: 30352 Range Road 20

Carstairs, Alberta T0M 0N0

**Call now and receive 10% off of  
your first order!**

**Pick up and Delivery Services  
available in certain areas**



**Putting Our Patients  
& Their Comfort First**

*Serving Airdrie & Area Since 1994*

***Airdrie Denture  
Centre***

**FREE Consultations**

**403-948-7377**

**216 Main Street N.E.  
info@airdriedenture.ca  
airdriedenturecentre.ca**

**SENIORS**  
Coverage  
& Discounts  
up to **100%**



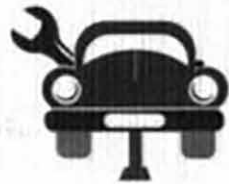
*Wheelchair  
Accessible*



*Have a great season  
Grayson  
Love Mom*

***Congratulations  
Grayson***

***Love Nannie  
and Papa***



***Canyon meadows***  
*Auto Service*

*All Makes Auto Maintenance & Repair*

*Chad Stronge* Owner/Licensed Technician

✉ canyonmeadowsauto@gmail.com

☎ (403)251-1778 📱 (403) 875-2018 📠 (403)251-1726

1071 Canyon Meadows Dr. SW Calgary, Alberta T2W 5Z4

**[www.canyonmeadowsauto.com](http://www.canyonmeadowsauto.com)**



**FRESHSLICE  
PIZZA**

**Freshslice Pizza  
is now in Alberta!**

Freshslice Pizza is the ultimate crowd-pleaser.

It's been a tough year and hockey looks a little different. We wanted to let hockey families out there know we are thinking of them, so use the attached coupon for a free slice on us!

**ENJOY A FREE  
SLICE ON US!**

Bring this coupon into  
one of our 2 locations in  
Calgary:

**Cross Iron Mills Mall**  
*Located between Bass Pro Shops &  
South St. Burger / Bed Bath & Beyond*

**East Village**  
*515 4 St SE*

Freshslice is thrilled to help  
support kid's sports  
activities, now more than  
ever! If your sports  
organization is in need,  
please visit  
[FreshsliceCares.com](http://FreshsliceCares.com)  
for more info.  
Let's let kids be kids!

## OKOTOKS DENTURE CENTRE



- **Emergency Denture Service**
- **Complete & Partial Dentures Fabricated**
- **Specializing in Hard-to-Fit Dentures**
- **Repairs & Relines While You Wait**
- **Major Insurance Plans Welcome**
- **Social Services Accepted**
- **Veterans covered 100%**

**FREE  
CONSULTATION**

**403-995-9357**



**#15 900 Village Lane  
Okotoks**



# SOUTH ST. BURGER

5 Calgary Locations



130th Ave SE  
Beacon Hill

East Village  
Market Mall

CrossIron Mills



*Have A Great Season Chris!*

*Oma, Uncle Tony & Auntie Elaine, Uncle Mike, Tamara & Terrence, Ali, Ryan, Uncle Steve & Auntie Barb*

*Hillary, Mom & Dad*

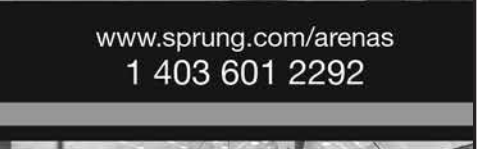
***GO ROYALS!!***



Shawnigan Lake School  
Victoria, British Columbia



Edge School  
Calgary, Alberta



Central Park Arena  
Collingwood, Ontario



# Sprung Structures

A COST EFFECTIVE ALTERNATIVE TO CONVENTIONAL ARENAS

[www.sprung.com/arenas](http://www.sprung.com/arenas)  
1 403 601 2292



Pikan Nations  
Brocket, Alberta



Edge School  
Calgary, Alberta



Shawnigan Lake School  
Victoria, British Columbia



**2020/21**

**We are proud of you Luke!**

MAKING GROWTH SIMPLE



403.454.3600

www.360elm.com  
info@360elm.com

LESSONS ● BOARDING ● TRAINING



Learn to ride and jump. All ages welcome!



South edge of Calgary along MacLeod Trail



bowcanyon@outlook.com  
587.891.4184



WWW.TERRALOGIX.CA  
TERRALOGIX@TERRALOGIX.CA

SERVICES

- Acquisition/Divestment Liability Assessments
- Phase I Environmental Assessments
- Phase II Environmental Assessments
- Soil Remediation
- Spill Response/Management
- Wellsite Reclamation
- Complete Environmental Management

Calgary Location | Suite #323, 3750 46 ave, S.E. | Calgary, AB T2B 0L1 | Ph. 403.217.7787  
Fax. 403.217.7709

Edmonton Location | 5353 75 st | Edmonton, AB T6E 0W4 | Ph. 780.461.7707  
Fax. 780.461.7704

TYSON'S TRUCKIN LTD



Gravel ● Water Trucks ● Track Hoe ● Dozer ● Bobcat

Chazz Crowchild  
VICE PRESIDENT

242 Bullhead Rd  
Tsuut'ina, AB T3T 0A6  
Email: chazztyson@gmail.com  
www.tysonstruckin.ca

Cell: 587-971-7011  
Bus: 403.238.8970  
Fax: 403.238.8977  
tysonstruckinltd@gmail.com



**Looking to Sell your Business?**  
**Looking to Grow via Acquisition?**  
**We can help!**

**Redcap&Truss**



**Chris Beaton / Partner**  
cbeaton@redcapandtruss.com

TEL 403.457.9898 520, 2424 4<sup>th</sup> Street SW  
CELL 403.470.0415 Calgary AB T2S 2T4

**David Meguinis**  
Cultural Consultant  
& Advisor

Location:  
Meguinis Hill  
Tsuu T'ina Nation



Authentic  
First Class Entertainment  
of  
First Nations Song & Dance  
with  
Cultural Adventures

Phone: 587-700-9296  
davidmeguinis@hotmail.com



**DR. ANDREW HOE**  
B.Sc., D.D.S.



# BITE

dentalworks

P.O. Box #8, 311 - 16061 Macleod Trail S.W. Calgary, AB T2Y 3S5  
telephone: 403.201.BITE (2483) [www.bitedental.com](http://www.bitedental.com)  
[info.bitedentalworks@shaw.ca](mailto:info.bitedentalworks@shaw.ca)

Congratulations to all  
Southwest Cougar Alumni

- J. Paul Davis Professional Corporation



**JOSH HAMILTON GROUP**

**JOSH HAMILTON**  
403.608.1314  
[WWW.JOSHHAMILTON.CA](http://WWW.JOSHHAMILTON.CA)

BAMBER REALTY LTD.  


# Boulder Creek

GOLF COURSE

[www.bouldercreekgolf.ca](http://www.bouldercreekgolf.ca)

**discovery dental**

**DR. FRED KOSLOWSKY**

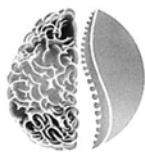
DENTIST

936-10 Discovery Ridge Hill Phone: 403-234-7400  
Calgary, AB Fax: 403-264-7420  
T3H 5X2 Email: [admin@discoverydental.ca](mailto:admin@discoverydental.ca)



**R & A Dentistry**

**Dr. Ania Mamiashveva & Dr. Rustam Mamiashv**  
Suite 805 Mission Centre, 2303 - 4th St. S.W., Calgary, AB T2S 2S7  
t. 403-209-2299, f. 403-209-2288, cell: 587-435-5869  
[randadentistry@gmail.com](mailto:randadentistry@gmail.com)



## Dr Lisa Bridges

Chiropractic • Concussion Treatment • Nutrition

403-254-5492

[millrisechiropractic@gmail.com](mailto:millrisechiropractic@gmail.com) 3209, 150 Millrise Blvd SW  
[www.millrisechiropractic.com](http://www.millrisechiropractic.com) Calgary Alberta T2Y 5G7

Dr. Sean Pedersen, B.Sc., D.D.S.

## Southland Dental Centre

#108 - 1919 Southland Drive S.W.  
Calgary, Alberta T2W 0K1  
(403) 253-1261  
Fax (403) 640-1947



**Good luck, Elliot Zan  
and U16 AA!**

**Love, Grandma & Papa  
and Punk & Grandma**

