



# THE “ROYALS GOLD STANDARD”

**It isn't easy...It takes time and energy...EVERYBODY must be on board and accountable...  
One weak link will open the door to excuses and mediocrity.**

## **Core Values:**

- **Best Effort** – Life happens, but that does not release anyone from their responsibilities to provide their BEST EFFORT to uphold the Royals Gold Standard.
  - **5 Minute Philosophy** – If you are not 5 minutes early....you are late...for everything.
  - **Elite Player** - You are a representative of both your team and the Calgary Royals.
  - **Look the part, Be the Part and Live the Part.** Respect is earned not given and we strive to earn everyone's respect in all we do on and off the ice.
  - **Appearance** – Appropriate hair, clean cut, cleanliness for ALL TEAM functions i.e. team meals, tournaments. Coach's Option: Shirt and Tie or a zipped up Calgary Royals track suit. We do not wear hats indoors.
  - **Dressing Rooms** - Our sanctuary and the culture within is undeniable. Phones are put away, players are always comfortable physically (showers) and there is a respect for everyone's mental and physical space. Cross the line in this regard and the consequences will be extreme.
  - **Language** – Awareness of social situations and professional conduct for players and coaches. We all represent families, sponsors, partners and much more than ourselves.
  - **Game and Practice** - Warm-up/Cool-down – Proper footwear with the Calgary Royals track suits or related apparel MUST be worn. Training in underwear is not acceptable. We always dynamically warm-up for practices and games.
  - **Public Area Awareness** – We don't change in the view of the public.
  - **“Leave it cleaner that we found it”** – Dressing rooms, busses, and hotel rooms are to be left as clean, or cleaner, than when we arrived.
- 
- ◆ ***We all play for the logo on the front and not the name on the back. Our players and our parents represent this value system.***
  - ◆ ***We earn, we strive, and we grow. We recognize the journey to be our best can be very challenging.***
  - ◆ ***We are proud to be Calgary Royals!!***

# ROYALS JUNIOR B GOLD



NAME	NO.	POSITION	HEIGHT	WEIGHT	BIRTH YEAR	LAST YEAR'S TEAM
Andrew Armstrong	6	Forward	5'5"	155	2003	CRAA Junior B Blue
Alexander Ballinger	7	Defence	5'8"	140	2005	Glenlake Hawks U18 Tier 2
Zachary Blackwell	13	Forward	6'0"	160	2006	HSL U18 Bandits
Ethan Elgie	23	Forward	6'0"	180	2003	USPHL NCDC Idaho Falls Spud Kings Tier 2
Gavin Forsyth	21	Defence	6'1"	193	2003	
Tyler Hoar	1	Goaltender	6'3"	165	2006	IHA U17 Prep
Bretton Horte	22					
Nicholas Letkeman	18	Forward	5'9"	160	2004	CRAA Junior B Gold
Nicholas Livingston	19	Forward	5'11"	135	2005	Southwest Cougars U18 Tier 2
Isaac Matthews	9	Defence			2005	
Liam Murray	11	Forward	6'0"	170	2005	Glenlake Hawks U18 Tier 2
Aidan Paddock	17	Forward	6'2"	190	2003	CAJHL
Gabriel Pereira	31	Goaltender	5'7"	153	2004	Barrhead Bombers Junior A
Zachery Petropoulos	10	Defence	6'3"	220	2003	Southside Junior C
Joel Pivarnyk	8	Defence	6'0"	177	2004	CRAA Junior B Gold
Jacob Presley	5	Forward	5'10"	170	2003	
Nathan Presley	14	Forward/Goaltender	6'2"	201	2004	KIJHL Beaver Valley Night Hawks
Kaito Umino	16	Forward	5'8"	160	2002	CRAA Junior B Gold
Addison Ward	4	Defence	6'5"	225	2004	CRAA Junior B Blue
Cole Wheatley	3	Defence	6'1"	200	2004	Southwest Cougars U18 Tier 2
Marshall Young	20	Forward	6'4"	187	2004	McKnight Junior C
Coach.....	Derek Bell	Asst. Coach.....	John Mitsoulas	Asst. Coach.....	Kyle Mulligan	
Athletic Therapist.....	Rianna Paskaruk	Manager.....	Rachel Barnes			



# ROYALS JUNIOR B GOLD



Andrew Armstrong



Alexander Ballinger



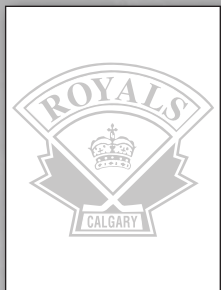
Zachary Blackwell



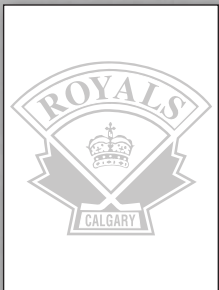
Ethan Elgie



Gavin Forsyth



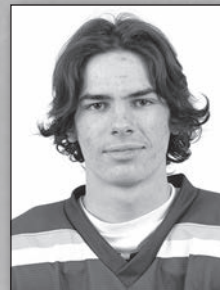
Tyler Hoar



Bretton Horte



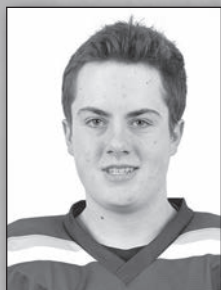
Nicholas Letkeman



Nicholas Livingston



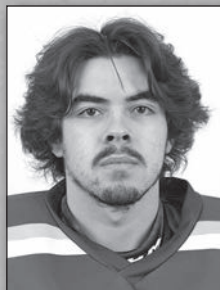
Isaac Matthews



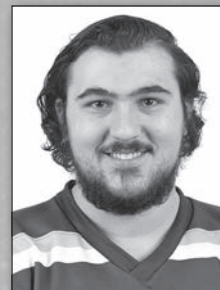
Liam Murray



Aidan Paddock



Gabriel Pereira



Zachery Petropoulos



Joel Pivarnyik



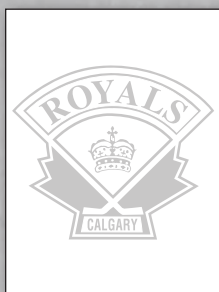
Jacob Presley



Nathan Presley



Kaito Umino



Addison Ward



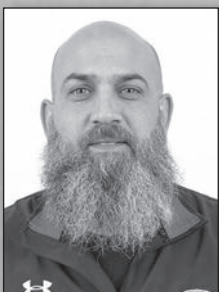
Cole Wheatley



Marshall Young



Derek Bell  
*Coach*



John Mitsoulas  
*Asst. Coach*



Kyle Mulligan  
*Asst. Coach*



Sarah Andrews  
*Athletic Therapist*



Rachel Barnes  
*Manager*





### Andrew Armstrong

**Nickname:** Andy  
**Last Year's Team:** CRAA Junior B Blue  
**Position:** Forward      **Shoots:** Right  
**Height:** 5'5"      **Weight:** 155  
**Birth Year:** 2003      **City Born:** Quesnel, BC  
**Favourite Player:** Mitch Marner  
**Favourite Team:** Maple Leafs



### Alexander Ballinger

**Last Year's Team:** Glenlake Hawks U18 Tier 2  
**Position:** Defence      **Shoots:** Right  
**Height:** 5'8"      **Weight:** 140  
**Birth Year:** 2005      **City Born:** Sarnia, Ontario  
**Favourite Player:** Quinn Hughes  
**Favourite Team:** Vancouver Canucks  
**Interesting Places Traveled:** Venice



### Zachary Blackwell

**Last Year's Team:** HSL U18 Bandits  
**Position:** Forward      **Shoots:** Right  
**Height:** 6'0"      **Weight:** 160  
**Birth Year:** 2006      **City Born:** Calgary, AB  
**Favourite Player:** Cale Makar  
**Favourite Team:** Colorado Avalanche  
**School:** Notre Dame      **Grade:** 12  
**Interesting Places Traveled:** Florida, Amazon Rainforest, Africa, Norway



### Ethan Elgie

**Nickname:** Elgie  
**Last Year's Team:** USPHL NCDC Idaho Falls Spud Kings Tier 2  
**Position:** Forward      **Shoots:** Left  
**Height:** 6'0"      **Weight:** 180  
**Birth Year:** 2003      **City Born:** Calgary, AB  
**Favourite Player:** Auston Matthews  
**Favourite Team:** Calgary Flames  
**School:** SAIT  
**Career Goals:** Portfolio Management  
**Interesting Places Traveled:** Nashville



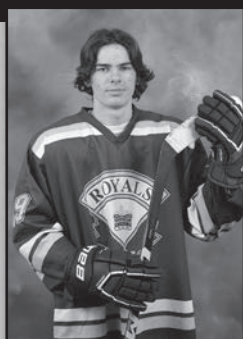
### Gavin Forsyth

**Position:** Defence      **Shoots:** Right  
**Height:** 6'1"      **Weight:** 193  
**Birth Year:** 2003      **City Born:** Calgary, AB  
**Favourite Player:** Matthew Barzoi  
**Favourite Team:** Calgary Flames  
**Interesting Places Traveled:** Hawaii



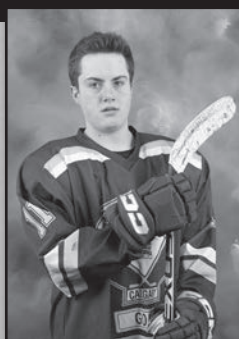
### Nicholas Letkeman

**Nickname:** Letkes  
**Last Year's Team:** CRAA Junior B Gold  
**Position:** Forward      **Shoots:** Right  
**Height:** 5'9"      **Weight:** 160  
**Birth Year:** 2004      **City Born:** Abbotsford, BC  
**Favourite Player:** Sidney Crosby  
**Favourite Team:** Pittsburgh Penguins  
**Career Goals:** Graduate University  
**Interesting Places Traveled:** Montana



### Nicholas Livingston

**Nickname:** Nick  
**Last Year's Team:** Southwest Cougars U18 Tier 2  
**Position:** Forward      **Shoots:** Left  
**Height:** 5'11"      **Weight:** 135  
**Birth Year:** 2005      **City Born:** Calgary, AB  
**Favourite Player:** Patrick Kane  
**Favourite Team:** Calgary Flames  
**School:** CLS  
**Interesting Places Traveled:** Europe



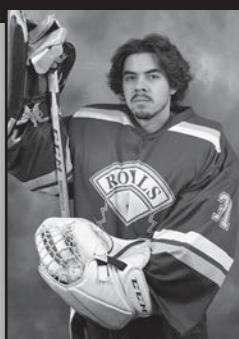
### Liam Murray

**Last Year's Team:** Glenlake Hawks U18 Tier 2  
**Position:** Forward      **Shoots:** Right  
**Height:** 6'0"      **Weight:** 170  
**Birth Year:** 2005      **City Born:** Calgary, AB  
**Favourite Player:** Kopitar  
**Favourite Team:** LA Kings  
**School:** West Island College      **Grade:** 12  
**Interesting Places Traveled:** Vancouver Island



### Aidan Paddock

**Nickname:** Big Red  
**Last Year's Team:** CAJHL  
**Position:** Forward      **Shoots:** Right  
**Height:** 6'2"      **Weight:** 190  
**Birth Year:** 2003      **City Born:** Calgary, AB  
**Favourite Player:** Jarome Iginla  
**Favourite Team:** Calgary Flames  
**Interesting Places Traveled:** Mexico

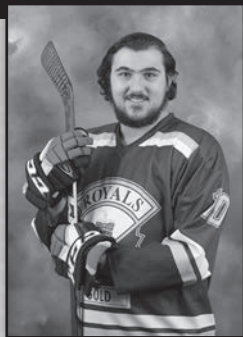


### Gabriel Pereira

**Nickname:** GP  
**Last Year's Team:** Barrhead Bombers Junior A  
**Position:** Goaltender      **Shoots:** Left  
**Height:** 5'7"      **Weight:** 153  
**Birth Year:** 2004      **City Born:** Calgary, AB  
**Favourite Player:** Marc-Andre Fleury  
**Favourite Team:** Calgary Flames  
**Career Goals:** NHL GM/Sports Agent  
**Interesting Places Traveled:** Montreal



## Zachery Petropoulos



**Nickname:** Zach  
**Last Year's Team:** Southside Junior C  
**Position:** Defence **Shoots:** Right  
**Height:** 6'3" **Weight:** 220  
**Birth Year:** 2003 **City Born:** Calgary, AB  
**Favourite Player:** Matthew Tkachuk  
**Favourite Team:** Calgary Flames  
**School:** Mount Royal University  
**Interesting Places Traveled:** Seattle

## Joel Pivarnyk



**Last Year's Team:** CRAA Junior B Gold  
**Position:** Defence **Shoots:** Left  
**Height:** 6'0" **Weight:** 177  
**Birth Year:** 2004 **City Born:** Calgary, AB  
**Favourite Player:** Chris Tanev  
**Favourite Team:** Calgary Flames  
**School:** SAIT  
**Career Goals:** Broadcaster  
**Interesting Places Traveled:** St Johns

## Jacob Presley



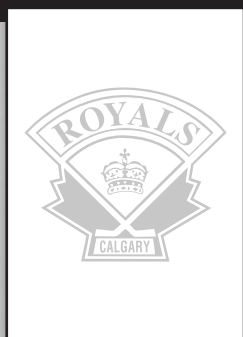
**Nickname:** Pres  
**Position:** Forward **Shoots:** Left  
**Height:** 5'10" **Weight:** 170  
**Birth Year:** 2003 **City Born:** Calgary, AB  
**Favourite Player:** Jack Hughes  
**Favourite Team:** New Jersey Devils  
**School:** Mount Royal University  
**Interesting Places Traveled:** Florida

## Kaito Umino



**Last Year's Team:** CRAA Junior B Gold  
**Position:** Forward **Shoots:** Left  
**Height:** 5'8" **Weight:** 160  
**Birth Year:** 2002 **City Born:** Calgary, AB  
**Favourite Player:** Coach Johnny

## Addison Ward



**Nickname:** Addie  
**Last Year's Team:** CRAA Junior B Blue  
**Position:** Defence **Shoots:** Right  
**Height:** 6'5" **Weight:** 225  
**Birth Year:** 2004 **City Born:** Edmonton, AB  
**Favourite Player:** Zdeno Chara  
**Favourite Team:** Boston Bruins  
**School:** Mount Royal University  
**Career Goals:** Become successful  
**Interesting Places Traveled:** Las Vegas

## Cole Wheatley



**Last Year's Team:** Southwest Cougars U18 Tier 2  
**Position:** Defence **Shoots:** Right  
**Height:** 6'1" **Weight:** 200  
**Birth Year:** 2004 **City Born:** Calgary, AB  
**Favourite Player:** David Pasternak  
**Favourite Team:** Boston Bruins  
**School:** University of Calgary  
**Interesting Places Traveled:** Florida and California

## Marshall Young



**Nickname:** Marsh  
**Last Year's Team:** McKnight Junior C  
**Position:** Forward **Shoots:** Left  
**Height:** 6'4" **Weight:** 187  
**Birth Year:** 2004 **City Born:** Calgary, AB  
**Favourite Player:** Pavel Datsyuk  
**Favourite Team:** Detroit Redwings  
**School:** Mount Royal University  
**Career Goals:** Sports Broadcaster  
**Interesting Places Traveled:** Hong Kong China



